



SNACC Session #4

Personalized Trail Mix

Ingredients

Dried Bananas



Pretzels



Sunflower Seeds



Dark Chocolate
Chips



Dried Apricots



Pumpkin Seeds



Golden Raisins



Steps

Steps for personalized trail mix:

1. Open a ziploc bag.
2. Add $\frac{1}{4}$ cup of each ingredient, and $\frac{1}{2}$ cup of your two favorite ones.
3. Use at least five of the ingredients!
4. Close the bag and shake it to mix up the different ingredients.
5. Make sure the bag is sealed and save it for a snack on-the-go!
6. Or, eat it right now and enjoy!!! 😊